

Industry symposium A

GALDERMA NORDIC AB

Wednesday, 7 May 2025

11:00 – 12:00

Room: Pleanary Europaea

The Unbearable Itch; Unveiling the Complexities of Prurigo Nodularis

Description:

Chronic prurigo, or prurigo nodularis (PN), is one of dermatology's most challenging conditions, characterized by persistent itch and nodular lesions that severely impact patients' lives.

This session explores PN's medical history, epidemiology and pathophysiology, including changes in skin architecture, key signaling molecules such as IL-31, and receptor complexes driving chronic itch.

It also addresses the profound sensory, mental, and social burdens of PN, including its disruption of sleep and quality of life.

Finally, treatment options will be reviewed, providing insights to enhance patient care by integrating the latest research with clinical expertise.

Speaker:

Jesper Elberling

MD, PhD, Chief Physician, Associate Professor

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